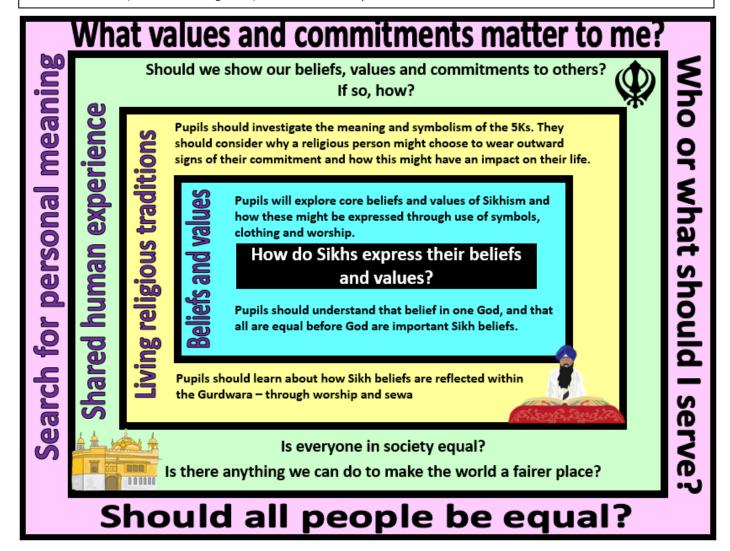


Year 4 Sikh Dharam

Year 4 Key Question (to be used all year): How should we live our lives?

Focus Question (for this investigation): How do Sikhs express their beliefs and values?



Focus Question: How do Sikhs express their beliefs and values?

This unit gives pupils the opportunity to explore how Sikhs convey their beliefs and commitments in the way they live their lives and through symbols which are observable expressions of faith. In their preaching and example, the Gurus revealed a way of life which was God centred. It is a life of religious, moral and social commitment. In outward and visible signs, Sikhs show themselves to be committed to following the teachings of the Gurus. Sikhs are expected to demonstrate their commitment to their beliefs in the way they live their daily lives. Sikh belief perceives the world as the abode of God and as the place in which to practice Sikh dharam (religious, moral and social commitment). Sikhism teaches that all human beings should engage themselves in righteous actions and behaviour and work for a just social order.

Foremost amongst Sikh principles are:

- the complete equality of men and women everywhere;
- sewa: service to God, to the community of Sikhs and to the community at large;
- kirat karna: earning one's living by one's own efforts and by a livelihood which is honest;
- vand chakna: sharing one's time, talents and earnings with the less fortunate.

How these influence the Sikh way of life will be explored within this unit.

Pupils should also have opportunities to reflect on important questions such as how humans show commitments to their values and communities, and issues of equality and justice.



	SAU <u>R</u> E
Field of	Possible Teaching Ideas
Enquiry	
Shared Human Experience	 Discuss the different ways that people might show their beliefs, values and commitments in public. Look at images of people wearing various uniforms and discuss how wearing that uniform
1	might impact a person's sense of identity and purpose. How might it also influence behaviour (consider the impact of being seen as a representative of a community rather than just as an individual)
Beliefs and Values 2	 Re-cap the origins of Sikhism. Pupils should know who Guru Nanak was and why he is important to Sikhs. Watch the story of the blood and milk https://www.truetube.co.uk/film/blood-and-milk and identify the Sikh beliefs and values that are demonstrated by the story. Discuss why belief in one creator God might lead people to want to treat all people as equals. Look at the Sikh symbol (the Khanda) and explain how it reflects Sikh beliefs and values in one eternal God and standing up for justice http://religious-symbols.net/sikh-symbols.html
Living Religious Traditions	 Investigate the symbolism of the 5Ks that are worn by members of the Sikh Khalsa https://www.bbc.com/bitesize/clips/z3sb9j6 Learn about the Gurdwara https://www.bbc.com/bitesize/clips/zd4wmp3
3	 https://www.truetube.co.uk/film/charlie-and-blue-go-gurdwara Make links with what happens in the Gurdwara and the Sikh values of equality Learn about the Langar and why sharing food is an important part of Sikh hospitality and service (sewa). Explain that this concept extends out into the wider community and that many Gurdwaras are involved in projects to feed the homeless, support food banks and provide aid to those in need. https://www.blogpreston.co.uk/2018/10/preston-sikh-community-to-feed-city-at-the-markets/ https://www.khalsaaid.org/ You could organise a visit to a Gurdwara or invite in a Sikh to talk to the class.
Search for Personal Meaning 4	 Discuss the personal beliefs, values and commitments that they might want to express – and appropriate ways of doing this. Talk about the importance of seeing value in all people and how believing that all people are equal would have an impact on a person's behaviour. Are the Sikh values of equality and justice good values to live your life by – should we be committed to these as human values? You could read 'Have you filled a bucket today' and discuss how small daily acts of kindness might be seen as a service to others. Create a class list of actions that could be done to fill the buckets of others.

Y4 Learning - children will:				
* explore teachings and	* use subject specific	* discuss (with relevant	* reflect on their own	
stories from Sikhism	language to describe how	examples) the importance of	concept of living a good life	
* describe what moral	and why Sikhs show their	how we view and behave	and how this influences the	
guidance Sikhs might gain	religious commitments and	towards others	way that they treat others	
from the stories and	values	* talk about how our	* discuss own thoughts and	
examples of the Gurus	* explain how clothing and	outward behaviour reflects	feelings about equality and	
* make links between the	behaviour might be symbolic	our inner beliefs, values and	justice	
beliefs, values and practices	of beliefs, values and	commitments		
of Sikhism	commitments			
Beliefs and values	Living religious traditions	Shared human experience	Search for personal meaning	